

# HOW YOU CAN HELP REFUGEES & NEWCOMERS

## ARE YOU READY TO TAKE ACTION?

YES!

TELL ME MORE

### ADVOCATE

- ▶ **CONTACT** your local Member of Parliament. Support calls for Canada to increase refugee settlement targets and to suspend the Safe Third Country Agreement with the United States.
- ▶ **BE AN ALLY** and not a bystander. Call out and reject Islamophobia and racism in all of its forms – refuse to stay silent.
- ▶ **SPREAD THE WORD** by talking to your family members, friends and networks about your advocacy and encouraging them to take action. Use Facebook or Twitter to boost the signal.

### EDUCATE

- ▶ **READ UP** on statements from groups with expertise in immigration and refugee issues, including the Ontario Council of Agencies Serving Immigrants and Canada Council for Refugees.
- ▶ **TALK** to your friends and family about how Canada can build on its commitments to refugee resettlement. Conversations can help those who are hesitant to take action and speak up.
- ▶ **CONNECT** with other people interested in immigration and refugee issues on social media. Use the hashtags *#DiversityOurStrength* and *#CdnImm* to join the on-line conversations.

NOW I'M READY TO TAKE ACTION!

### GIVE BACK

- ▶ **DONATE** to YWCA Toronto to help with settlement assistance costs. Across all of our programs, we support refugee and newcomer women to settle in Canada and build a new life here.
- ▶ **GIVE** clothing and other goods. Contact 211 Toronto for a list of organizations and charities seeking household supplies, gift cards and clothing for refugee families in need.
- ▶ **VOLUNTEER** with a local community agency that works with refugees and newcomers.



**YWCA**  
TORONTO

A TURNING POINT  
FOR WOMEN



**United Way**  
Toronto & York Region

[ywcatoronto.org](http://ywcatoronto.org)